For teachers · Professional growth · Self-reflection

Teacher Self-Reflection & Annual Growth Planner

التأمل الذاتي وخطة النمو المهني السنوية للمعلم

Rate yourself honestly on 20 statements across five areas of practice. The planner draws your profile, points to your priority area, and helps you set up to three goals for the year with an evidence log.

قيّم نفسك بصدق في 20 عبارة موزعة على خمسة مجالات. سترى ملفك المهني ومجال الأولوية، ثم تضع حتى ثلاثة أهداف للعام مع سجل للأدلة.

🔒 Your answers stay in this browser only. Nothing is sent or saved online. · إجاباتك تبقى في متصفحك فقط.

Scale: **1** = not yet · **2** = sometimes · **3** = usually · **4** = consistently, and I could show a colleague how.

Part 1 · Self-rating · التقييم الذاتي

1. Planning and preparation · التخطيط والإعداد

My lesson objectives are clear, measurable and shared with students.

1 2 3 4

I plan activities for different levels of ability in the same class.

1 2 3 4

I link new learning to what students already know. 1 2 3 4

I plan how I will check understanding during the lesson, not only at the end.

1 2 3 4

2. Instruction and engagement · التدريس والتفاعل

I explain and model new content clearly before students practise.

1 2 3 4

Most students, not only a few, actively participate in my lessons.

1 2 3 4

I use questioning that makes students think, not only recall.

1 2 3 4

I use technology and AI tools purposefully, when they improve learning.

1 2 3 4

3. Assessment and feedback · التقويم والتغذية الراجعة

I use formative assessment (exit tickets, mini-whiteboards, quizzes) regularly.

1 2 3 4

My feedback tells students what to do next, not only what was wrong.

1 2 3 4

I use assessment results to adjust my next lessons. 1 2 3 4

Students assess their own work or a peer's work using clear criteria.

1 2 3 4

4. Classroom environment · البيئة الصفية

Routines and expectations are clear, so little time is lost.	1	2	3	4
Students feel safe to make mistakes and ask questions.	1	2	3	4
I build positive relationships with all students, including quiet ones.	1	2	3	4
I handle disruption calmly and consistently.	1	2	3	4

5. Professional growth · النمو المهني

I reflect on my lessons and change my practice as a result.	1	2	3	4
I learn from colleagues: observing, being observed, or sharing resources.	1	2	3	4
I read or follow trusted sources on teaching and learning.	1	2	3	4
I keep developing my own subject knowledge and language skills.	1	2	3	4

Part 2 · My goals for this year · أهدافي لهذا العام

Write each goal so it is specific, measurable and realistic. Example: *"By March, I will use exit tickets in at least two lessons a week with Grade 10 and adjust the next lesson using the results."*

Goal 1 · الهدف 1

Actions, support needed and success evidence for goal 1

Goal 2 · الهدف 2

Actions, support needed and success evidence for goal 2

Goal 3 · الهدف 3

Actions, support needed and success evidence for goal 3

Part 3 · Evidence log · سجل الأدلة

Add evidence as the year goes on: lesson plans, student work samples (without names), observation feedback, certificates, action research summaries.

Date	Goal	Evidence and what it shows

Part 4 · End-of-year reflection · تأمل نهاية العام

What changed in my teaching this year, and what is my evidence?

What did my students gain from these changes?

What will I focus on next year?

Smart Students Hub
منصة تعليمية لدعم الطلاب والمعلمين

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